

# DRAW YOUR OWN WORRY MONSTER!

YOUR WORRY MONSTER EATS UP ALL YOUR WORRIES ABOUT THE HOSPITAL.

LET'S SHOW THAT WE'RE NOT SCARED!

YOUR MONSTER CAN BE AS SILLY, SCARY OR CUDDLY AS YOU LIKE!

YOUR MONSTER  
COULD HAVE  
LOTS OF EYES!



OR LOADS  
OF TEETH!



OR LOTS OF  
ARMS AND LEGS!



Large empty rectangular box for drawing the worry monster.

**YOUR MONSTER'S NAME** **YOUR NAME**

WHAT WOULD YOUR MESSAGE  
BE TO THE OTHER CHILDREN IN  
THE HOSPITAL?

Empty rectangular box for writing a message to other children in the hospital.



PLEASE SHARE YOUR WORRY MONSTER WITH US!

EMAIL A PHOTO TO [INFO@GCHC.SCOT](mailto:info@gchc.scot) OR SEND BY WHATSAPP TO 07849 646704