

Growing Breastfeeding: Rooted in Connection

19th September 2025

The Technology and Innovation Centre

University of Strathclyde, 99 George Street, Glasgow G1 1RD



Breastfeeding
Friendly
Scotland



Glasgow
Children's
Hospital
Charity

PROGRAMME

Time	Topic	Speaker
9:00 – 9:25	Registration Tea & coffee	
Introduction		
9:30	Welcome	<i>Jamie Redfern: Director of Women and Children's Services</i>
9:35	Charitable Support of Breastfeeding Over 25 Years	<i>Kirsten Watson: Chief Executive of Glasgow Children's Hospital Charity</i>
9:45	The Breastfeeding and Infant Feeding: Strategic Framework 2025 - 2030	<i>Carolyn Wilson: Unit Head of Supporting Maternal and Child Wellbeing & Lee Urquhart Improvement Advisor Supporting Child and Maternal Well-Being - Scottish Government</i>
9:55	Strategy in Practice: NHS GGC's Breastfeeding Landscape	<i>Gillian Bowker: Neonatal Infant Feeding Lead NHS GGC</i>
Presentations		
10:10	Antenatal Colostrum Harvesting in women with Gestational Diabetes	<i>Jill Smith: Diabetes Specialist Midwife</i>
10:25	BREAST PRACTICE: An Innovative Approach to Breastfeeding Success	<i>Rosalyn Tudhope and Jennifer McArthur: Maternity Care Assistants RAH Maternity</i>
10:40	Additional Infant Feeding Support for Women with Increased Health Needs in Pregnancy	<i>Geraldine Brown: Infant Feeding Advisor Inverclyde HSCP</i>

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10:55	Right Information, Right Time: Antenatal Conversations Before Neonatal Admission	<i>Cheryl Allison: Neonatal Infant Feeding Advisor RAH/RHC</i>
11:10 – 11:40	Break Tea & coffee	
11:45 – 12:45	Breakout Sessions	
	Room 1 Breastfeeding Friendly Scotland: Breastfeeding Public Acceptability Work 11:45 – 12:00 12:05 – 12:20 12:25 – 12:40	<i>Fiona Hughes and Shona Rae: Health Improvement Practitioners NHS GGC</i>
	Room 2 BfN Peer Support for Families in GGC 11:45 – 12:00 12:05 – 12:20 12:25 – 12:40	<i>Nicola Smith: Glasgow Service Manager BFN & Melanie Woodward: Community Peer Supporter and Tutor BFN</i>
	Room 3 The Impact of Breastfeeding on Mental Health 11:45 – 12:00 12:05 – 12:20 12:25 – 12:40	<i>Lizzie Hannaford: Principal Clinical Psychologist MNPI Team</i>
	Room 4 Early Expressing in the NNU 11:45 – 12:00 12:05 – 12:20 12:25 – 12:40	<i>Marjorie Clark: Neonatal Infant Feeding Advisor</i>
12:45 – 13:25	Lunch	
Presentations		
13:30	Prioritising Breastfeeding within Public Health: Early Intervention Priorities	<i>Emilia Crighton: Director of Public Health NHS GGC</i>
13:40	Facilitating Mums Living with HIV to Breastfeed	<i>J Moodie: Infant Feeding Advisor NHS GGC & Ruth Bland: Consultant Paediatrician</i>

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13:55	Supporting Breast Feeding in FNP: Building Relationships & Promoting Change	<i>Lesley Graham & Marie Anne Smith: Family Nurse Practitioners</i>
14:10	Donor Milk: A Bridge to Breastfeeding	<i>Debbie Barnett: Donor Milk Bank Coordinator NHS GGC</i>
14:25	Mind the Gap: Addressing the Inequalities for Women and Babies in GGC	<i>Mary Ross-Davie: Director of Midwifery NHS GGC</i>
14:40 – 14:55	Break Tea & Coffee	
15:00 – 16:00	Breakout Spaces	
	Room 1 Infant Feeding in Critical Care 15:00 – 15:15 15:20 – 15:35 15:40 – 15:55	<i>Helen French: Final Year Registrar in Intensive Care Medicine and Anaesthesia</i>
	Room 2 Supporting Families Where English is Not Their First Language 15:00 – 15:15 15:20 – 15:35 15:40 – 15:55	<i>Noreen Shields: Planning and Development Manager of Equalities and Human Rights Team NHS GGC</i>
	Room 3 Embedding the UNICEF Baby Friendly Initiative in the Royal Hospital for Children 15:00 – 15:15 15:20 – 15:35 15:40 – 15:55	<i>Gillian Bowker: Neonatal Infant Feeding Team Lead & Elise Miller: Infant Feeding Advisor Children's Hospital NHS GGC</i>
	Room 4 Feeding Experiences of Women with Long Term Health Conditions/Disabilities 15:00 – 15:15 15:20 – 15:35 15:40 – 15:55	<i>Lesleyann Currie: Infant Feeding Lead, South Glasgow & Sarah Edwards: Scottish Programme Manager Breastfeeding Network, Peer Support Scotland</i>

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Presentations		
16:05	Next Steps: Summing Up and Evaluation	<i>Jamie Redfern: Director of Women and Children's Services</i>
16:30	Close	