

# Growing Breastfeeding: Rooted in Connection

19<sup>th</sup> September 2025

The Technology and Innovation Centre

University of Strathclyde, 99 George Street, Glasgow G1 1RD



Breastfeeding  
Friendly  
Scotland



Glasgow  
Children's  
Hospital  
Charity

## PROGRAMME

Time	Topic	Speaker
9:00 – 9:25	<b>Registration</b> Tea & coffee	
	<b>Introduction</b>	
9:30	Welcome	<i>Jamie Redfern: Director of Women and Children's Services</i>
9:35	Charitable Support of Breastfeeding Over 25 Years	<i>Kirsten Watson: Chief Executive of Glasgow Children's Hospital Charity</i>
9:45	The Breastfeeding and Infant Feeding: Strategic Framework 2025 - 2030	<i>Carolyn Wilson: Unit Head of Supporting Maternal and Child Wellbeing</i>
9:55	Strategy in Practice: NHS GGC's Breastfeeding Landscape	<i>Gillian Bowker: Neonatal Infant Feeding Lead NHS GGC</i>
	<b>Presentations</b>	
10:10	Antenatal Colostrum Harvesting in women with Gestational Diabetes	<i>Jill Smith: Diabetes Specialist Midwife</i>
10:25	BREAST PRACTICE: An Innovative Approach to Breastfeeding Success	<i>Rosalyn Tudhope and Jennifer McArthur: Maternity Care Assistants RAH Maternity</i>
10:40	Additional Infant Feeding Support for Women with Increased Health Needs in Pregnancy	<i>Geraldine Brown: Infant Feeding Advisor Inverclyde HSCP</i>
10:55	Right Information, Right Time: Antenatal Conversations Before Neonatal Admission	<i>Cheryl Allison: Neonatal Infant Feeding Advisor RAH/RHC</i>
11:10 – 11:40	<b>Break</b> Tea & coffee	

Time	Topic	Speaker
<b>11:45 – 12:45</b>	<b>Breakout Sessions</b>	
	<b>Room 1</b> Breastfeeding Friendly Scotland: Breastfeeding Public Acceptability Work 11:45 – 12:00 12:05 – 12:20 12:25 – 12:40	<i>Fiona Hughes and Shona Rae: Health Improvement Practitioners NHS GGC</i>
	<b>Room 2</b> BfN Peer Support for Families in GGC 11:45 – 12:00 12:05 – 12:20 12:25 – 12:40	<i>Nicola Smith: Glasgow Service Manager BFN &amp; Melanie Woodward: Community Peer Supporter and Tutor BFN</i>
	<b>Room 3</b> The Impact of Breastfeeding on Mental Health 11:45 – 12:00 12:05 – 12:20 12:25 – 12:40	<i>Lizzie Hannaford: principal Clinical Psychologist MNPI Team</i>
	<b>Room 4</b> Early Expressing in the NNU 11:45 – 12:00 12:05 – 12:20 12:25 – 12:40	<i>Marjorie Clark: Neonatal Infant Feeding Advisor</i>
<b>12:45 – 13:25</b>	<b>Lunch</b>	
	<b>Presentations</b>	
<b>13:30</b>	Prioritising Breastfeeding within Public Health: Early Intervention Priorities	<i>Emilia Crighton: Director of Public Health NHS GGC</i>
<b>13:40</b>	Facilitating Mums Living with HIV to Breastfeed	<i>J Moodie: Infant Feeding Advisor NHS GGC &amp; Ruth Bland: Consultant Paediatrician</i>
<b>13:55</b>	Supporting Breast Feeding in FNP: Building Relationships & Promoting Change	<i>Lesley Graham &amp; Marie Anne Smith: Family Nurse Practitioners</i>
<b>14:10</b>	Donor Milk: A Bridge to Breastfeeding	<i>Debbie Barnett: Donor Milk Bank Coordinator NHS GGC</i>
<b>14:25</b>	Mind the Gap: Addressing the Inequalities for Women and Babies in GGC	<i>Mary Ross-Davie: Director of Midwifery NHS GGC</i>

Time	Topic	Speaker
14:40 – 14:55	<b>Break</b> Tea & Coffee	
15:00 – 16:00	<b>Breakout Spaces</b>	
	<b>Room 1</b> Infant Feeding in Critical Care 15:00 – 15:15 15:20 – 15:35 15:40 – 15:55	<i>Helen French: Final Year Registrar in Intensive Care Medicine and Anaesthesia</i>
	<b>Room 2</b> Supporting Families Where English is Not Their First Language 15:00 – 15:15 15:20 – 15:35 15:40 – 15:55	<i>Noreen Shields: Planning and Development Manager of Equalities and Human Rights Team NHS GGC</i>
	<b>Room 3</b> Embedding the UNICEF Baby Friendly Initiative in the Royal Hospital for Children 15:00 – 15:15 15:20 – 15:35 15:40 – 15:55	<i>Gillian Bowker: Neonatal Infant Feeding Team Lead &amp; Elise Miller: Infant Feeding Advisor Children's Hospital NHS GGC</i>
	<b>Room 4</b> Feeding Experiences of Women with Long Term Health Conditions/Disabilities 15:00 – 15:15 15:20 – 15:35 15:40 – 15:55	<i>Lesleyann Currie: Infant Feeding Lead, South Glasgow &amp; Sarah Edwards: Scottish Programme Manager Breastfeeding Network, Peer Support Scotland</i>
<b>Presentations</b>		
16:05	Next Steps: Summing Up and Evaluation	<i>Jamie Redfern: Director of Women and Children's Services</i>
16:30	<b>Close</b>	