

BiG 20 CHALLENGE



Glasgow Children's Hospital Charity

Time to assemble your team for our **Big 20 Challenge** – work together or individually to complete as many activities as you can in the month of March for our hospital family!



Bake Sale	20,000 steps a day	20 star jumps a day	20p Smartie tube collection
Pick your own challenge	Give something up	Dress down	Game athon
Big shave	Pick your own challenge	Sponsored silence	Quiz night
Raffle	Pick your own challenge	Feeling brave? Go wild!	Hill/Munro Climb
Recycling	Donate £20	Pick your own challenge	Bonus ball competition

TEAM NAME

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TEAM TARGET

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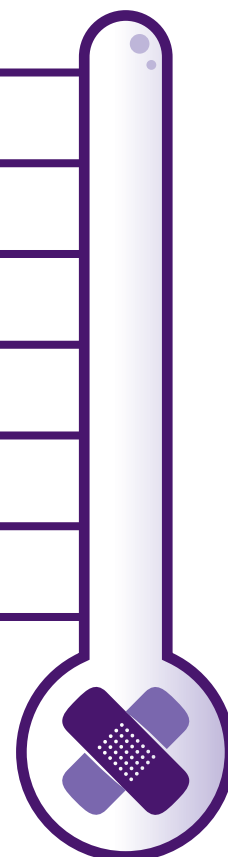
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Thanks to your generosity, after 20 years, we're still taking every step forward together - with your hand in theirs. **Good luck in your Big 20 Challenge!**

Let's do this

Your journey to kick starting The Big 20 Challenge starts here!

Need a little guidance on some of our activities? Look no further...



Give something up

Pick something that you can't imagine living without and give it up for the month.



Gameathon

Host your own exciting gaming competition (either virtually or in person) and ask for donations for entry!



Big shave

What will it be...legs, beard, head? It's up to you!



Feeling brave? Go wild!

This could be anything from a skydive to a cold-water swim! Remember to stay safe, whatever you are doing.



Recycling

It's spring clean time! Clear out your home and set aside anything that can be recycled for money at your nearest drop off point!



Bonus ball competition

Pick your lottery draw date, ask friends/family/colleagues to select a bonus ball number for a set donation and split donations 50/50 with the bonus ball winner.



Pick your own

This is your chance to be creative, be daring or just be silly. What other fundraising activities can you think of? Select four and assign these to your team.



CHECKLIST

- Get your Big 20 Challenge team together and assign activities either to an individual or to the team as a whole
- Agree a fundraising target and set milestones for reaching this
- Set up a JustGiving fundraising page at justgiving.com/glasgowchildrenshospitalcharity
- Rally support and share what you're up to on social media with #Big20Challenge
- Pay your money in, put your feet up and feel proud for supporting our hospital family

GET IN TOUCH

0141 212 8750 | info@glasgowchildrenshospitalcharity.org | www.GlasgowChildrensHospitalCharity.org

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Glasgow
Children's
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How you help



It's thanks to people like you that, 20 years on, we are still here for our hospital family when the lights go down after another difficult day in hospital. **Thank you.**



Rebecca and Myles

"I sat by Myles' bedside in NICU for 15 weeks. The Little Inky Feet project, funded by the charity, is amazing. I got the painted footprints turned into a necklace. Although I couldn't take Myles home, it felt like I was still taking a part of him home each night."

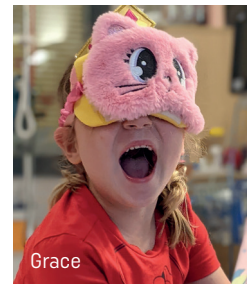
Rebecca | Myles' Mum

"The charity's funded projects are priceless. The Financial Inclusion Service has made sure that we don't miss out on anything. Just having a different face to see and person to talk to means so much too."

Grant | Graces' Dad

"Your generosity for our Peer Support Network gives Critical Care Staff access to a non-judgemental listening ear when we are struggling. Thank you."

Dr Peter Donnelly | PICU Consultant

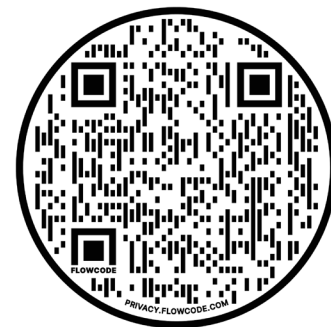


Grace



Dr Peter Donnelly

Scan to learn more



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