



Impact Report

2018-19



**Glasgow
Children's
Hospital
Charity**

Our Impact

Thanks to our generous donors, fundraisers and volunteers, we have been there for young patients and their families when they needed us most.

Nearly 200,000 babies, children and young people are cared for at Scotland's busiest children's hospital each year. In 2018-19, our supporters raised over £4.7M, helping to ensure that these children and their families receive the best possible care.

In the last year we have funded vital support services, hospital enhancements, world-class medical equipment, research, and exciting hospital play programmes to give our young patients an extraordinary hospital experience.

We are also proud to support more children than ever before, having expanded our reach to care for children treated in hospitals across the West of Scotland. We now support the neonatal units at the Princess Royal Maternity, Royal Alexandra Hospital and Ayrshire Maternity, as well as the Paediatric Units at University Hospital Crosshouse.

Each and every day, we are inspired by the resilience, hope and commitment of our patients and supporters, making us determined to fundraise and deliver more than ever.

The stories featured in this Impact Report highlight just some of the special projects made possible thanks to your donations and fundraising, and we hope that we can count on your continued support for the year ahead.

Thanks to our donors, fundraisers and volunteers, we funded £3.1M of enhanced equipment and services in 2018/19.



**Patient & Family
Support Services**
£674,086



**Medical
Equipment**
£499,432



**Research, Education
& Training**
£950,252



**Play & Entertainment
Programme**
£805,675



**Enhancements to the
Hospital Environment**
£197,383

Appeal Update: Failure Is Not An Option

Together with Kidney Kids Scotland, we raised £500,000 to enhance support services for children across Scotland with kidney failure.

Kidney disease is a life-long, life-limiting condition which cannot be cured. Each year, hundreds of children require multiple visits each week to Glasgow's Royal Hospital for Children for life-saving medication and dialysis.

Many of these children hope to have a kidney transplant one day, but face a life of uncertainty while they wait for a suitable kidney donor.

Thanks to your generosity, we have committed funding to the enhancement of the Renal Unit, as well as support and resources for the Home Dialysis Service to help our renal patients cope with the challenges of living with kidney failure.



Zak & Zoe

"The Home Dialysis Service gives children and their families a little normality back by allowing them to spend more time at home and less time in hospital."



Frazer & Lucas

"Through additional resources and equipment, we can ensure that the best possible support is in place for families as they adjust to life-saving renal treatment at home.

"Giving dialysis is a complex procedure, so my role is to teach families how to safely administer this at home, and to support them through their treatment." – Zoe Dickson, Home Haemodialysis Clinical Nurse Specialist

While our young patients have kidney failure, for our supporters, failure was not an option.

Crohn's Research Breakthrough

We are proud to have contributed funding into pioneering research and development of less restrictive diets for children with Crohn's disease.

Crohn's disease is a chronic and debilitating condition. Young patients with Crohn's are currently treated through liquid only diets using feeding tubes - a difficult treatment to manage which can have significant implications for a child's mental wellbeing.

The feeding tubes can sometimes lead to children feeling socially isolated, with parents telling us that their children often miss out on activities with their peers as a result of their treatment.

Thanks to our supporters, we have funded groundbreaking research to develop a solid food diet treatment which matches the effects of the liquid diet, giving patients more flexibility and confidence when managing their condition.

"By moving away from the liquid-only diet, young patients can avoid the side effects which come with being treated with medication, and can enjoy their childhood without the restrictions which come with feeding tubes. The results proved to be overwhelmingly positive, with symptoms improving or disappearing after 8 weeks on the new 'CD-Treat' diet."

Professor Richard Russell,
Consultant Paediatric Gastroenterologist

We would like to thank the Catherine McEwan Foundation and our Young Ambassador Jenny Cook for helping to make this research possible, and for their support in shaping the care given to children and young people with Crohn's and Colitis.

Our VIPs: Very Important Patients

Celebrities have the chance to meet our own VIPs thanks to our programme of hospital visits.



Gordon Reid MBE



Glasgow Warriors



Years & Years

Powering our Play Programme

Play is a powerful part of a child's recovery and an important part of our work to create positive hospital experiences for young patients.



Billy

Teddy Hospital Laughing and Learning

Playing with teddies in our Teddy Hospital can transform a child's hospital experience. Through structured play with our Play Team, children become more familiar with their condition and medical procedures by examining and treating their teddies using real and toy hospital equipment - from medicines and cannulas, to bandages and x-ray machines.

"The Teddy Hospital is a fantastic facility. My son has visited twice before his open-heart surgeries. He loved being able to look after his teddy just like the doctors and nurses look after him, and getting to practice with the mini CT/MRI scanner."

Carolyn, parent

Visits to our Teddy Hospital help to reduce feelings of worry as children have the chance to learn and explore through play. Children then feel more prepared and empowered for upcoming treatments, making their hospital experience more positive.

Clowndoctors Ward Rounds With A Difference

Fear of the unknown can make hospital stays intimidating for young patients of all ages. Our Clowndoctors from Hearts & Minds can help to transform these stays through their uplifting and meaningful interactions on their playful ward rounds.

"The minute he clocks eyes with the Clowndoctors he smiles and starts to giggle. For someone who doesn't cope well with noise or meeting new faces, you can see how happy he is."

Parent

With your help, we can support the mental wellbeing and recovery of young patients by funding twice weekly visits from the Clowndoctors to help young patients overcome feelings of anxiety, isolation and low self-esteem.



Rhys & the Clowndoctors

To power our extra special Play Programme, we must raise over £700,000 each year. You can help by donating, fundraising or volunteering.

Our Kind-Hearted Volunteers

Last year, our volunteers generously donated over 20,000 hours of their time. Their support helped thousands of families through their hospital journeys, and raised vital funds at events across the country.



Sandy
Volunteer Driver

"You get the chance to do your bit to help thousands of sick kids and their families, and have the chance to meet lots of great people. I drive for miles each week – sometimes as far as Pitlochry or down to the Borders. I'd encourage anyone to give it a go."



Jill
Hospital Education Volunteer

"It's an incredibly humbling experience. I have a unique opportunity to interact with young patients and their families, and help them to experience a bit of normality in sometimes difficult circumstances. The beauty of coming in as a volunteer is that you can be as flexible as you need to be. I still work as a teacher a couple of days a week, but can still give back during my one shift."

Garett
Corporate Volunteer

"Supporting the Charity's fundraising events is a great way to interact and socialise with so many different people in my local community. It's always inspiring to see the lengths that people go to support this special cause, and I am proud to give my time through my workplace to support it."



Isla
Fundraising Volunteer

"Glasgow Children's Hospital Charity is an amazing charity to be a part of. As I work in the hospital, I'm able to see first-hand the difference the charity makes, so I love having the chance to support fundraising events to raise awareness of the charity and how it benefits patients and their families."



Crosshouse Children's Fund

Each year, over 25,000 babies, children and young people pass through the doors of University Hospital Crosshouse and the Ayrshire Maternity Unit.



Maisie

"Having experienced first-hand the additional support made possible by the charity up in Glasgow, Crosshouse Children's Fund is something that will be hugely beneficial for families in Ayrshire entering hospital with their babies or children. The enhanced facilities, help and assistance will make a difference during what is an extremely worrying time."

Varri, parent

Through the creation of Crosshouse Children's Fund, we are proud to be extending our support beyond NHS Greater Glasgow & Clyde to help care for Ayrshire's children in hospital too.

Crosshouse Children's Fund will raise money for the Paediatric, Maternity and Neonatal Units at Crosshouse Hospital. With help from communities across Ayrshire and Arran, the fund aims to support young patients and their families by providing enhanced equipment, resources and services to help alleviate the worries of a hospital visit.

"NHS Ayrshire & Arran is delighted to work with Glasgow Children's Hospital Charity to establish Crosshouse Children's Fund. Having this dedicated fund will make it even easier for people to donate and they can be assured that every penny raised will be used locally to give children and babies in hospital the best possible experience."

John Burns, Chief Executive of NHS Ayrshire & Arran



Keeva, Chloe & Sarah

Glasgow Children's Hospital Charity is dedicated to giving children across the West of Scotland hospital experiences which are second-to-none.

To get involved with supporting our work in Ayrshire, please visit www.CrosshouseChildrensFund.org.



Crosshouse Children's Fund

For the children of Ayrshire and Arran

Love At First Sight

Thanks to our generous supporters, the Morrisons Foundation and the Wooden Spoon Foundation, we raised £150,000 to help save the sight of Scotland's tiniest babies.

Retinopathy of Prematurity (ROP) is a potentially devastating condition which can cause retinal detachment, and in some cases complete loss of sight, in premature babies.

"The screening process for ROP at the moment is very invasive, it's so incredibly difficult to watch your wee one go through it on a regular basis. When we were told that Lois had developed ROP, we were utterly terrified of our baby losing her sight."

Seonaid, parent

If detected in time, there is an excellent chance that a baby's sight can be saved however a timely diagnosis is crucial.

With your support, we were able to fund state-of-the-art imaging equipment to help teams across the neonatal units at the Royal Hospital for Children, Princess Royal Maternity and Royal Alexandra Hospital to not only screen for and detect ROP, but to do so in a far less invasive way.

We are committed to supporting the continued enhancement of our neonatal units across Glasgow and the West, and rely entirely on fundraising and donations to make this possible.

To show your support, call **0141 212 8750** or visit www.GlasgowChildrensHospitalCharity.org

"We hope in the future no child would be blinded by this condition and thanks to the Charity, this equipment will take us a step further in that journey."

Eoghan Millar, Consultant Ophthalmologist



Sarah, Eilidh & Jack



Saoirse

Our Fundraising Heroes

Every day we are inspired by the determination of thousands of fundraisers across the country who go above and beyond to make a difference to our young patients and their families.



Kathryn

"We raise money to give a little back. For our darling boy Reuben, we hope that our work to support the charity can help families like ours, who find themselves relying on the unwavering support of the children's hospital in Glasgow. It's very special for us to know that Reuben's name lives on in the wonderful work the charity does."



David

"The Charity has always been there for my family during our time in hospital, so I'm determined to raise what I can to support their work. I've climbed Mont Blanc, taken on the Kiltwalk and now I'm in training for a 50-mile trek across the Arctic Circle. My son Adam, who lives with a rare and life-limiting condition is my inspiration every day and will help me across the finish line."

Emily & Emma

"Everyone in the hospital is very kind to me and my sister so we wanted to say 'thank you'. We really enjoyed getting dressed up and inviting all our friends to our Plaster It Purple party, and are really happy that we raised lots of money for the children's hospital that looks after me."



The Soup & Juice Co

"The Soup & Juice Co love going the extra mile to show our support for Glasgow Children's Hospital Charity, and really enjoy fundraising with our team and our customers. We witness the amazing work of the Charity every day at the children's hospital and to say we are truly inspired is just not enough."



Supporting Families Financially

Thanks to our supporters, we were able to continue funding the Money and Debt Advice Service at Glasgow's Royal Hospital for Children, helping families overcome the financial pressures of a long-term stay in hospital.



Chloe & her Dad

In 2018-19, our Financial Inclusion Service claimed over £3.3M in welfare support for 472 newly referred families which equates to £7,058.26 on average for every family supported.

By alleviating money worries for families, we can help them to focus on what is important – their child's wellbeing and recovery.

"I am so grateful for the help the Family Support team provided for us. At the time I wasn't thinking of how much the additional cost of living at the hospital was adding up. We still had to keep up with all our bills and payments - you almost forget that life is still going on outwith the hospital walls."

Parent

To continue this vital service, we need to raise £100,000 each year and count on your support to make this happen.

We're Counting On You

The extra special projects in this Impact Report are funded entirely by your generous donations and fundraising, and are only made possible with your support. Here are just some of the ways that you can help us make a life-changing difference to children in hospital across Glasgow and the West.

Donate

Making a regular gift by setting up a Direct Debit is a fantastic way to show your continued support. With your monthly gift, we can ensure that all of the life-changing projects which require ongoing funding can continue at the children's hospital.

Take Part in an Event

We have a full calendar of events including Overseas Challenge Treks, 10k and Marathon races, Skydives and glamorous dinners. There are fundraising events out there for everyone!

Fundraise In Your Work or Community

Plaster It Purple with your colleagues, friends or family with your own fundraising event. Get in touch for a Fundraising Pack with everything you need to get started!

Volunteer

No matter how much time you have to give, we would love to welcome you to our team of volunteers!

"We have come to the conclusion that Nathan enjoys the hospital too much as he always asks to visit.

This is a testament to the exceptional work that the Charity does in the hospital with the Play Team, Support Services, Teddy Hospital and Volunteers which make hospital stays a more positive experience for children, and a less stressful time for parents."

Lesley, parent



0141 212 8750 | www.GlasgowChildrensHospitalCharity.org

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